

ADVENTURE FOR EVERYONE TOUR

Daily Itinerary

Meals Provided **B** Breakfast **L** Lunch **D** Dinner

Day 1

Bienvenidos a Costa Rica! You are greeted after you arrive at Juan Santamaria International Airport by a guide from Chiquita Tours, and are comfortably taken directly to your beautiful hotel room at the luxury four star Bal Moral hotel. You'll probably be eager to start exploring right away. With colonial San Jose literally right outside your hotel, many of the best sites are only footsteps away. Your guides will be standing-by to offer suggestions including Plaza de la Cultura, Teatro National and Parque Central.

Rather rest after the flight? You can still start enjoying yourself right inside the luxurious hotel by enjoying a delectable dinner or drinks in the hotel's open-air restaurant, or you can relax in the hotel's gym or spa. Enjoy the warm evening air as you get a wonderful night's sleep in preparation for your exciting week in Costa Rica!

Day 2

B **D**

Buenas Días, and welcome to your first full day in Costa Rica! To start your morning off right, you will be treated to delicious "comida típica" (or you can stay with an American breakfast, if you choose). During breakfast on your first morning, you will formally meet all of the guides as well as the other guests who will be joining you on your adventure. After the itinerary is reviewed and all of your questions are answered, we will head off through the gorgeous Central Valley of Costa Rica headed for Fortuna and Volcano Arenal.

Your next three nights will be spent at the wonderful Volcano Lodge, where the volcano is literally in your backyard! Upon arrival, you will enjoy an afternoon hike up Costa Rica's most active volcano. Breathtaking views and actual lava explosions will fill you with wonder and excitement. In the evening, relax and soak your tired muscles in the Baldi Thermal Springs before enjoying a great dinner.

Day 3

B

Awake to the sounds of Costa Rican wildlife just outside your window. Enjoy your breakfast and morning free to explore Fortuna at your leisure. This afternoon we will embark on an exciting river safari float. As your cares drift away, keep your attention on the scenery where you are likely to spot local wildlife from the best possible vantage point.

Day 4

B **L**

Explore Earth's inner-depths in these caves that were created over 15 million years ago. During this 2-hour trek, you'll pass through cool underground waterfalls and smooth stone passages. Along the way, you'll see prehistoric marine fossils and exotic cave formations. After lunch, enjoy some down time by the pool, or exploring Fortuna on your own. Tomorrow we set off for a new destination, so be sure and get some rest.

Day 5

B **L**

Catch one last view of the majestic Volcano Arenal, as we move on to Manuel Antonio National Park, where you will enjoy a 3-night stay at the beautiful Hotel Parador, located just minutes away from the park and beach of Manuel Antonio. You'll enjoy the scenic drive past beautiful flora, plantations, and livestock. This part of Costa Rica is renowned for its natural beauty and wildlife, and you'll be able to see it all first-hand. After a delicious lunch, you will have the afternoon to settle into your hotel and see what wildlife you can spot from the hotel... a white-faced monkey, a sloth, or maybe an iguana?

Day 6

B **D**

Start the day with a wildlife adventure! You are free to hike in the park at your own leisure. On your hike, you will see many species of birds, iguanas and monkeys. Be sure to bring your bathing suit to enjoy the secluded beaches you will encounter on your hike! Your evening will be packed with excitement as we explore the old growth mangroves by kayak. Did you know that almost 70% of the mangrove ecosystem and the tropical rain forest jungle is nocturnal? On this kayak adventure you'll paddle at your leisure through several varieties of mangroves, and stop to observe the numerous animal species migrating through the estuary in search of food.

Day 7

B **D**

Time for some sunshine! Today is your day to do as you please. You can hop the shuttle and get some serious time at the beach, lounge by the pool, or go into town and explore the local fare. However, you'll want to be back in time for the evening's sunset cruise. You'll snorkel in a cove and be on the look out for dolphins and as the sunsets you'll enjoy a wonderful BBQ and all you can drink as you watch the sunset dip below the Pacific Ocean.

Day 8

B **D**

Today we say farewell to Manuel Antonio as we head back to San José and the Bal Moral Hotel. Enjoy last minute souvenir shopping and meet back for a farewell dinner, Costa Rican style!

Day 9

B

Time to say "Adios" to Costa Rica and head back to reality. Today we will transfer you back to the Juan Santamaria International Airport. You will be leaving Costa Rica for the time being, but you'll be taking with you memories of a lifetime. We hope we will meet you again on another one of our adventure tours and until then, "Hasta lleugo y buen viaje!"