

## **Policies, Restrictions and Recommendations**

*To make your tour more safe and enjoyable, please read the following.*

We strongly advise everyone to purchase travel insurance for unforeseen problems or medical emergencies. We recommend Travel Protection Insurance for extra peace of mind, or of course you can talk with you local insurance agent.

For reasons beyond our control (climate, river levels, etc.), we may change to a more suitable river or tour with an equal or similar difficulty rating and adventure appeal. Our head guide makes the final decision. Chiquita Tours has the right to cancel any trip due to unsafe conditions and will only run a tour according to established company policies. We may also cancel any client seen unfit to do a tour for their own safety and/or the safety of clients and guides. Full refund is given if (on rare occasion) no tour is run.

Rafting, canyoneering, horseback riding & many of our other adventures involve some inherent risk and physical exertion, so you must be in good physical condition without any recent surgery, heart condition, pregnancy or injury. If you take medication such as allergy pills and need them with you or have other medical concerns, please inform the head guide.

You must wear secure shoes and clothing to get wet in. We highly recommend closed shoes for hikes, canyoneering and horseback. For rafting tours, we recommend that you are a competent swimmer. The natural environment of Costa Rica is filled with insects, snakes, crocodiles and a variety of other wildlife, so we may not be held responsible for an encounter with any of the above.

Clients must not be under the influence of drugs or alcohol.

We recommend you leave your valuables; jewelry, camera, passport, etc. in the hotel safe.

You may also leave items in the bus, as our driver will stay with the vehicle at all times.

*Chiquita Tours is not responsible for lost, broken or stolen items.*